

19 Eat More Vegetables and Fruit

1. Listen and number the sentences. 听音，给句子排序。 🍌 🍌 🍌 🍌

- () How often do you eat vegetables?
- () An apple a day keeps the doctor away!
- () You need to eat more fruit.
- () I eat potatoes and tomatoes twice a week.

2. Listen and fill in the blanks. 听句子，填空。 🍌 🍌 🍌 🍌 🍌

- a. Li Ming ate breakfast _____ last week.
- b. Jenny ate fruit _____ last week.
- c. Danny ate donuts _____ yesterday.
- d. Kim ate vegetables _____ yesterday.
- e. Mr. Wood ate meat _____ yesterday.

Word List

seven times twice three times once five times

3. Read the dialogue and answer the questions. 读对话，回答问题。 🍌 🍌 🍌 🍌 🍌

Jenny: Danny, how often do you eat donuts?

Danny: I like to eat donuts. I eat them after lunch and after supper.

Jenny: How often do you eat vegetables?

Danny: What kinds of vegetables? I eat potatoes and tomatoes twice a week. I eat cabbage once a month. I don't like carrots. I never eat them.

Jenny: How often do you eat fruit?

Danny: Three or four times a week. I like fruit, but I often forget to eat them.

Jenny: You never forget your donuts. Danny, you need to eat more vegetables and fruit. They're good for you!

Danny: OK, I will.

- a. How often does Danny eat donuts?

- b. How often does Danny eat potatoes and tomatoes?

- c. What vegetables does Danny never eat?

- d. How often does Danny eat fruit?

- e. What's Jenny's advice (建议) for Danny?

4. Make a survey and fill in the table. 做调查，并完成表格。🍌🍌🍌🍌🍌

How often do you...?

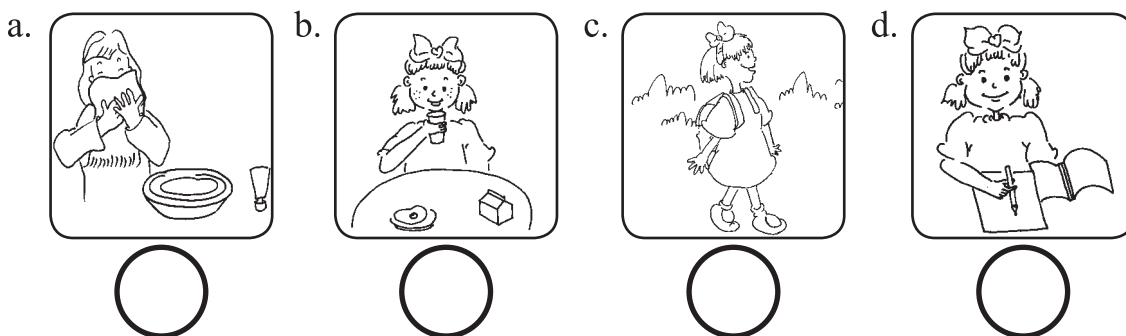
Name	Eat vegetables	Eat meat	Eat fruit	Eat breakfast	Drink water	Drink milk
Li Ming	three times a day	twice a day	twice a day	once a day	six times a day	once a day

how often 是用来询问频率的短语，常提问某人在某段时间内做某事做了多少次。我们需要注意的是，在回答“次数”时，除了“一次”是 once，“两次”是 twice 之外，三次及三次以上都是在相应基数词后面加 times。例如：“三次”是 three times，“五次”是 five times，“二十次”是 twenty times。



20 Always Brush Your Teeth!

1. Listen and number the pictures. 听句子，给图片标号。    



2. Listen and fill in the blanks. 听句子，填空。       

- I wash my hands _____ dinner.
- I wash my _____ and hands _____ I get up.
- _____ breakfast, my sister goes to school.
- Jenny wakes up early every _____. She always has breakfast.
- I brush my teeth twice a day. I want _____ and _____ teeth.

3. Read the dialogue and follow the instructions. 读对话，按要求做题。



Jenny: What do you do before breakfast?

Li Ming: I wash my face and brush my teeth.

Jenny: How often do you brush your teeth?

Li Ming: Three times a day.

Jenny: Why?

Li Ming: Because I want strong and healthy teeth. What do you do before dinner?

Jenny: I always do my homework.

Li Ming: How often do you play sports?

Jenny: Three or four times a week. What about you?

Li Ming: We are the same.

Write true (T) or false (F). 判断正误。

- () a. Li Ming brushes his teeth only after breakfast.

() b. Jenny plays sports three or four times a week.

Fill in the blank. 填空。

c. Li Ming washes his face and brushes his teeth _____ breakfast.

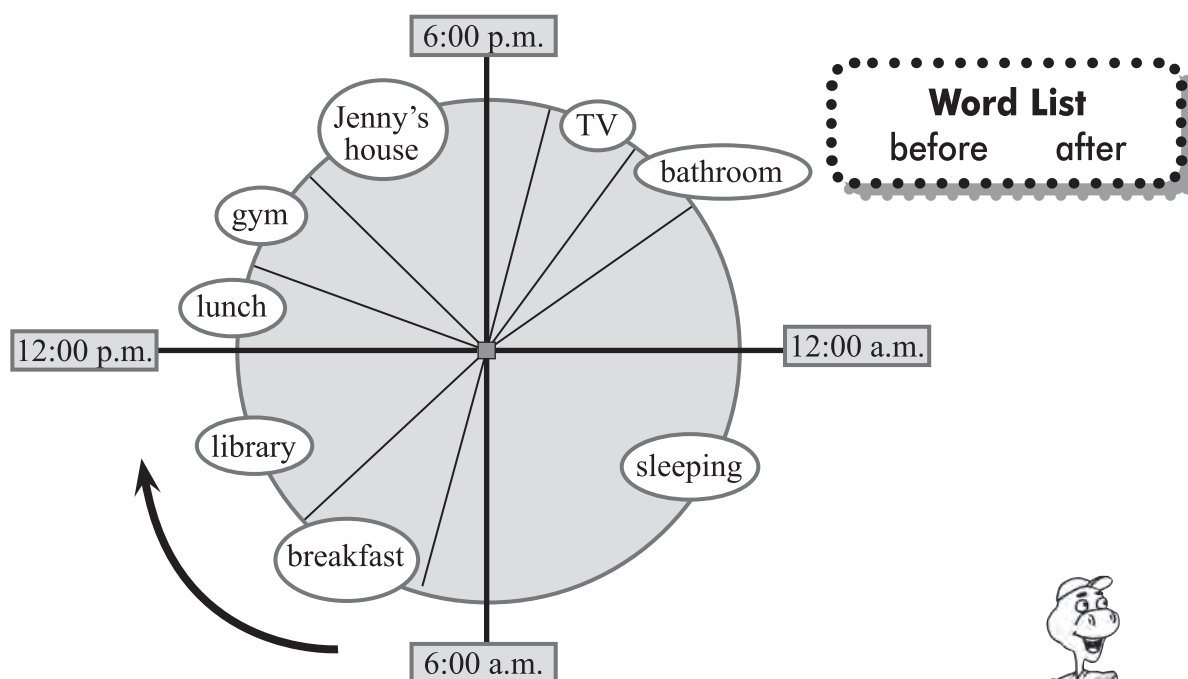
Answer the questions. 回答问题。

d. Why does Li Ming brush his teeth three times a day?

e. How often does Li Ming play sports?

■ 4. This is what Danny does. Look and fill in the blanks. 这是丹尼一天所做的事情。看图，填空。🌞🌞🌞🌞🌞🌞

- _____ Danny eats breakfast, he goes to the library.
- _____ Danny goes to the gym, he eats lunch.
- _____ Danny eats lunch, he goes to the library.
- _____ Danny goes to Jenny's house, he watches TV.
- _____ Danny goes to Jenny's house, he goes to the gym.
- _____ Danny goes to sleep, he takes a shower in the bathroom.



before 意为“在……之前”，after 意为“在……之后”，同学们只要牢记它们的意思，做上面的题就不难了。另外，还要注意句子开头的字母要大写。检查一下，你都做对了吗？



21 Exercise!

1. Listen and choose the correct responses. 听问句，选择正确的答语。



() a. A. About an hour.

B. Exercise helps make your body healthy and strong.

() b. A. Running is exercise.

B. I play basketball.

() c. A. About fifteen minutes.

B. I need to play sports for exercise.

() d. A. I walk to school.

B. I think you need to get more exercise.

2. Listen and number the pictures. 听句子，给图片标号。



a.



b.



c.



d.



3. Find the words about exercise and write them in the box. 找出关于“锻炼”的短语，并填写在方框中。



riding a bike	brushing your teeth	walking to school	running
combing your hair	playing ping-pong	eating donuts	watching TV
flying kites	playing basketball	playing cards	reading the newspaper
singing	playing on the computer	doing your homework	

■ 4. Read and answer the questions. 读一读，回答问题。 🍌🍌🍌🍌🍌

a. How many minutes are there in an hour?

There are _____ minutes in an hour.

b. How many hours are there in a day?

There are _____ hours in a day.

c. How many days are there in a week?

There are _____.

d. How many weeks are there in a month?

_____.

e. How many months are there in a year?

_____.

■ 5. Write the time. 写出相应的时间。 🍌🍌🍌🍌

Model:

sixty minutes = one hour

two hours = one hundred (and) twenty minutes

one hundred (and) eighty minutes = _____

ten hours = _____

four hundred (and) twenty minutes = _____

five hours = _____

在这道题目中，minute 是分钟，hour 是小时，只要知道 sixty minutes = one hour，再进行换算，答案很容易就找到啦！另外，同学们要注意，hour 前面要用 an 或 one，而不能用 a。



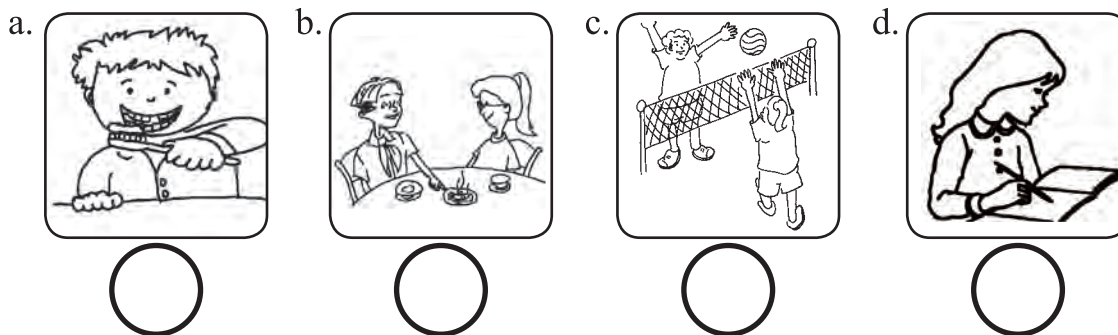
22 Go to Bed Early!

■ 1. Listen and tick the sentences you hear. 听音, 在你听到的句子前画(√)。

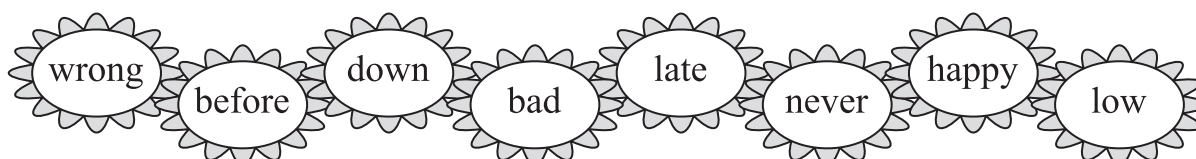
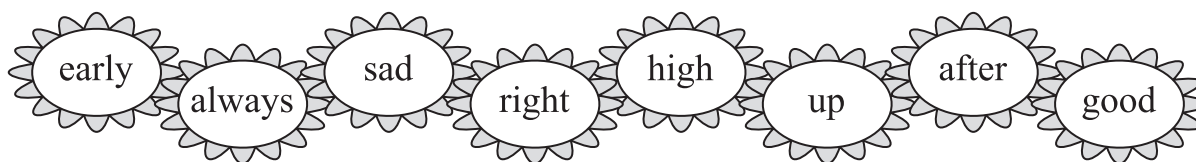


- () a. Doing exercise is a good habit.
- () b. Helping others is a good habit.
- () c. Going to bed early is a good habit.
- () d. Having breakfast every day is a good habit.
- () e. Eating healthy food is a good habit.
- () f. I always keep clean. That's a good habit.
- () g. Listening to my parents is a good habit.
- () h. Spending time with family is a good habit.

■ 2. Listen and number the pictures. 听句子, 给图片标号。 



■ 3. Match the opposite words. 将意思相反或相对的词连线。



■ 4. Read and tick the good habits. 读一读，把好的习惯勾（√）出来。



- () a. playing basketball three times a week
- () b. playing computer games for a night
- () c. going to bed early every day
- () d. having breakfast every day
- () e. playing football on the street
- () f. brushing teeth three times a day
- () g. getting up late in the morning
- () h. helping Mom clean the floor
- () i. reading a good story book every week
- () j. eating vegetables and fruit every day

■ 5. Read the passage and answer the questions. 读短文，回答问题。



My name is Wang Mei. Good habits are important for good health! Do I have any good habits? I often get up at 6:30 in the morning. That's a good habit! I always have breakfast. And I usually brush my teeth three times a day. They are good habits, too!

Sometimes, I watch too much TV and I don't like to do exercise. These are not good habits. But I often help my parents clean the house. This is a very good habit! In the evening, I usually do my homework and go to bed early. That's good, right?

I often spend time with my family. Sometimes we go out and play. Sometimes we stay home and talk. That's my favourite habit!

a. When does Wang Mei often get up?

b. What does Wang Mei always do?

c. How many times does Wang Mei brush her teeth?

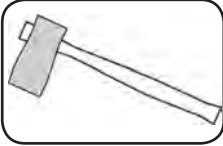
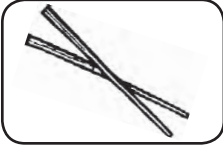
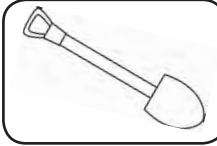






d. What are not good habits for Wang Mei?

e. What's Wang Mei's favourite habit?

23 I Can't Tell a Lie

1. Listen and choose the correct pictures. 听句子，选出正确的图片。



- | | | | | | |
|-----------|------------------------------------------------------------------------------------|----|------------------------------------------------------------------------------------|----|--------------------------------------------------------------------------------------|
| () a. A. |  | B. |  | C. |  |
| () b. A. |  | B. |  | C. |  |
| () c. A. |  | B. |  | C. |  |

2. Listen and choose the correct answers. 听对话，选择正确的答语。



- () a. A. He was seven years old.
B. He was six years old.
- () b. A. Yes, he did.
B. No, he didn't.
- () c. A. I don't know.
B. I cut it down.
- () d. A. You are a good boy!
B. I'm happy you tell the truth.

3. Read the lesson and number the sentences. 根据课文给句子排序。



- () George was very afraid. He cried, "I'm sorry. I cut down your cherry tree, Father! I can't tell a lie."
- () In the evening, his father came home and saw the poor tree. He was very angry.

- () George liked his new axe very much. He tried it on many things.
- () When George was six years old, his father gave him an axe.
- () George's father looked at him. He smiled, "I'm happy you told the truth, my son! Being honest is more important than one hundred cherry trees."
- () One day, little George cut down a small tree behind their house.

■ 4. Read the passage and choose the correct answers. 读短文，选择正确的答案。🍎🍎🍎🍎🍎

It is Saturday today. Tony, his sister Kate and their mother are at home. His mother does some housework and he watches TV. Kate does her homework.

At half past nine, his father comes back with a bag of apples. Tony likes apples very much and wants to eat one. His mother gives him four apples and says, "Go and wash them."

Tony washes the apples and then gives them back to his mother. His mother asks him, "Which apple do you want, Tony?" "The biggest one," Tony answers quickly. "What?" says his mother. "You should want the smallest one, Tony. You should be a polite (礼貌的) boy!"

"Should I tell a lie just to be polite, Mom?" asks Tony.

- () a. Tony's father comes back at _____.
A. half past eight B. half past nine C. half past ten
- () b. Tony's sister Kate is a _____.
A. teacher B. student C. worker
- () c. Why does Tony's mother give him four apples to wash?
A. Because she doesn't want Tony to eat too many apples.
B. Because Tony can eat four apples.
C. Because there are four people in his family.
- () d. Tony wants to eat _____.
A. the biggest apple
B. the smallest apple
C. the four apples
- () e. From the story we can know Tony wants to be _____.
A. helpful B. polite C. honest

24 Helen Keller

■ 1. Listen and choose the same types of the words. 听音，选出和你听到的单词属于一类的一项。 🌻🌻🌻🌻

- | | | | |
|-----------------|-----------|------------|--------------|
| () a. A. see | B. many | C. teacher | D. her |
| () b. A. teach | B. word | C. great | D. hard |
| () c. A. old | B. book | C. write | D. sometimes |
| () d. A. know | B. writer | C. angry | D. on |

■ 2. Listen and choose the correct sentences. 听音，选出你听到的句子。 🌻🌻🌻🌻

- () a. A. I couldn't see anything.
B. I couldn't hear anything.
C. I couldn't speak anything.
- () b. A. My friend often got angry.
B. My friend sometimes got angry.
C. My friend never got angry.
- () c. A. Her parents loved her very much.
B. Her parents did not love her very much.
C. Her parents talked to her.
- () d. A. She became a great writer.
B. She became a great player.
C. She became a great teacher.

■ 3. Read the lesson and number the sentences. 根据课文给句子排序。 🌻🌻🌻🌻🌻🌻🌻

- () Later, she became a great writer.
- () Helen learned many new words each day. She learned to speak, read and write.
- () From that day on, Helen Keller began her studies. She worked very, very hard.

- () Anne became Helen's friend. She wanted to teach Helen words. But it was very hard.
- () One day, Anne took Helen's hand and let her feel the water.
- () When she was 20 years old, she went to university.
- () When Helen was 7 years old, her parents met a teacher, Anne Sullivan.
- () She wrote the word "water" on the back of Helen's hand.

■ 4. Read the lesson and match. 读课文，把时间和事件搭配起来。



a. in 1880

A. Anne Sullivan became Helen's teacher and friend.

b. 18 months old

B. Helen went to university.

c. 7 years old

C. Helen fell ill and became deaf and blind.

d. 20 years old

D. Helen Keller was born in the United States.

■ 5. Read the lesson and write true (T) or false (F). 读课文，判断正误。



- () a. Helen Keller's parents loved her very much.
- () b. Helen couldn't see, hear or speak when she was born.
- () c. Helen never got angry.
- () d. Helen's parents taught Helen to speak, read and write.
- () e. Anne Sullivan was a great writer.
- () f. One of Helen's famous books is *The Story of My Life*.
- () g. Helen's story inspires many people around the world.

Unit 4 Review

1. Listen and choose the correct pictures. 听对话，选出正确的图片。



() a. A.



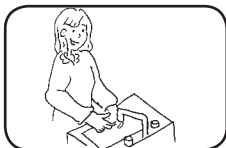
B.



C.



() b. A.



B.



C.



() c. A.



B.



C.



() d. A.



B.



C.



2. Listen and fill in the blanks. 听句子，填空。



a. I get up _____ and wash my _____ and hands _____ breakfast.

b. _____ dinner, she does some _____.

c. Everyone wants to be _____ and _____.

d. How many _____ or _____ do you walk every day?

e. A: What can you _____? B: A boy is _____.

3. Choose the different words. 选出不属于同一类的单词。



() a. A. mouth

B. minute

C. hour

D. day

() b. A. face

B. teeth

C. strong

D. feet

() c. A. weeks

B. sports

C. months

D. years

() d. A. bicycle

B. science

C. train

D. bus

() e. A. healthy

B. weak

C. heavy

D. exercise

4. Divide up the words. 给下列单词分类。

banana basketball skirt water pop football apple T-shirt shoes
milk melon juice grapes socks ping-pong ice hockey

Fruits

Sports

Drinks

Clothes

5. Match the questions with the answers. 将问句和对应的答语连线。

- a. How often do you eat fruit?

b. What do you do before breakfast?

c. How many minutes do you walk?

d. What is a good habit?

e. What do you think of my exercise?

A. About fifteen minutes.

B. Helping others is a good habit.

C. I brush my teeth.

D. You need to get more exercise.

E. Three times a week.

6. Look at the table and fill in the blanks. 看图表填空。

	day	week	month	year
eat breakfast	1	7	30 to 31	365
play basketball	/	1	4	48
go shopping	/	/	2	24
clean his house	/	2	8	96
go to Beijing	/	/	/	/

Zhang Hao eats breakfast once a day. He _____ eats breakfast. He likes playing basketball. He plays it _____ a week. He doesn't like shopping very much. He only goes shopping _____ a month. He helps out at home and he cleans his house _____ times a month. He doesn't like taking trips, so he _____ goes to Beijing.

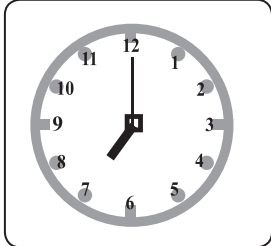
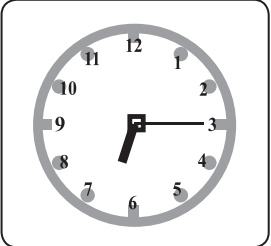
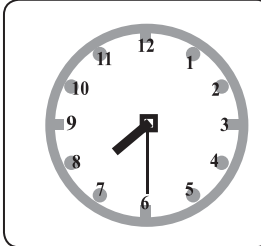
7. What do you think are good habits? Talk with your classmates. 你认为什么是好习惯？和你的同学们说一说。



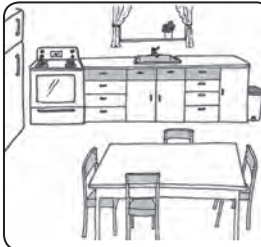
Final-term Review A

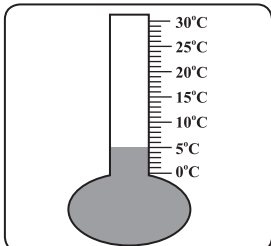
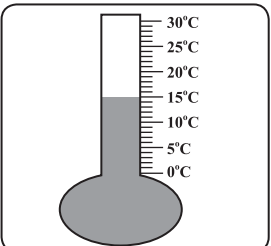
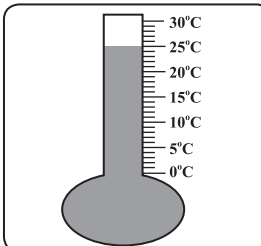
1. Listen and choose the correct words. 听音，选出听到的句子中含有的单词。




- () a. A. all B. ball C. tall
 () b. A. these B. those C. game
 () c. A. after B. before C. dinner
 () d. A. morning B. afternoon C. evening
 () e. A. think B. hear C. see

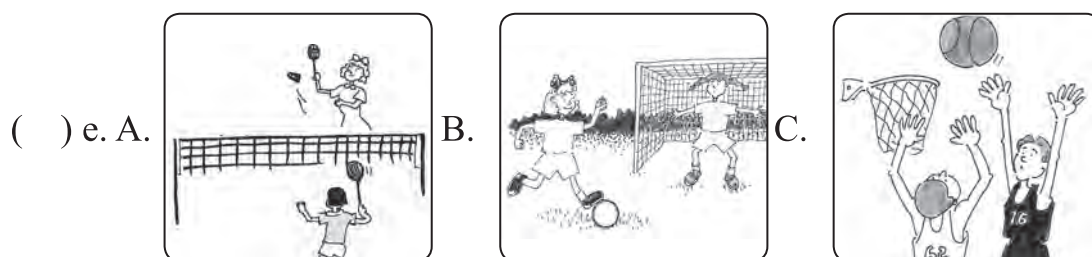
2. Listen and choose the correct pictures. 听句子，选出正确的图片。

() a. A.  B.  C. 

() b. A.  B.  C. 

() c. A.  B.  C. 

() d. A.  B.  C. 



■ 3. Listen and choose the correct responses. 听对话，选择正确的答语。

- () a. A. He is washing the fruit in the kitchen.
B. He is washing the dishes in the kitchen.
C. He is washing the vegetables in the kitchen.
- () b. A. I walk about ten minutes.
B. I walk about twenty minutes.
C. I walk about thirty minutes.
- () c. A. Once a day.
B. Twice a day.
C. Three times a day.
- () d. A. Yes. Let's play basketball.
B. Yes. Let's play ping-pong.
C. Yes. Let's play football.
- () e. A. I like this one.
B. I like that one.
C. I don't like them.

■ 4. Listen and choose the correct answers. 听对话，选择正确的答案。

- () a. What does David want to buy?
A. A basketball and a pair of shoes.
B. A ping-pong ball and a pair of shoes.
C. A basketball and a ping-pong ball.
- () b. Is David a basketball player?
A. Yes, he is. B. No, he isn't. C. We don't know.
- () c. Does Jim like to play basketball?
A. Yes, he does. B. No, he doesn't. C. We don't know.

- () d. What does Jim like to play?
 A. He likes to play ping-pong.
 B. He likes to play football.
 C. He likes to play ping-pong and football.
- () e. Is football Jim's favourite sport?
 A. Yes, it is. B. No, it isn't. C. We don't know.

■ **5. Write the opposite words.** 写出与画线部分相对或相反的单词。

- a. The basketball is heavy and the ping-pong ball is _____.
- b. I'm washing my dirty hands. Now my hands are _____.
- c. The school is near Lucy's house. Lucy _____ walks to school. She never rides a bike or takes a bus.
- d. My father is very busy. He often gets up _____ and goes to bed late.
- e. Before breakfast, I wash my hands. _____ breakfast, I go to school.

■ **6. Classify the words and write them down.** 把下列单词分类并抄写下来。

him always bedroom basketball kitchen often them sometimes
 bathroom her football ping-pong me

a. living room	b. never	c. ice hockey	d. us

■ **7. Fill in the blanks with the correct forms of the words.** 用单词的正确形式填空。

- a. My brother is a football _____ (play).
- b. Eating more vegetables and fruit makes you strong and _____ (health).
- c. _____ (help) others is a good habit.

d. This is your brother's shirt. Please give it to _____ (he).

e. A: Where is Jenny?

B: She is _____ (write) a letter in her bedroom.

8. Cloze test. 完形填空。

My name is Liu Peng. I'm a boy. I am 10 years a. I'm b Class Six, Grade Five.

I like English very much. Miss Li is my c teacher. She teaches English well. She is a d teacher. We love her very much. Where is she? She is planning her lessons in the office.

In our class I have a good friend. e name is Bob. He is from Canada. He is 11. His favourite subject is f. Where is Bob? He is in the gym. He is g sports there.

I h my friends and my teachers. I love my school, too.

- | | | |
|--------------------|------------|------------|
| () a. A. old | B. young | C. long |
| () b. A. on | B. for | C. in |
| () c. A. P.E. | B. Chinese | C. English |
| () d. A. good | B. bad | C. angry |
| () e. A. His | B. My | C. Her |
| () f. A. fruit | B. science | C. school |
| () g. A. thinking | B. making | C. playing |
| () h. A. have | B. love | C. get |

9. Write one of your favourite sports. 写一写你最喜欢的一项运动。



Final-term Review B

■ 1. Listen and choose the correct words. 听音，选出听到的句子中含有的单词。

- () a. A. heavy B. light C. easy
 () b. A. stand B. walk C. jump
 () c. A. exercise B. sport C. health
 () d. A. run B. hours C. minutes
 () e. A. before B. after C. face

■ 2. Listen and choose the correct pictures. 听对话，选出正确的图片。

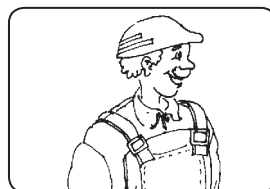
() a. A.



B.



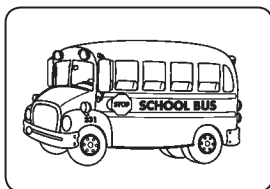
C.



() b. A.



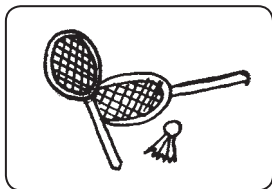
B.



C.



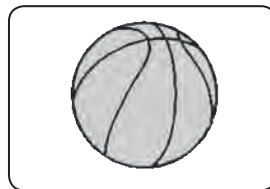
() c. A.



B.



C.



() d. A.



B.



C.



() e. A.



B.



C.



■ 3. Listen and choose the correct responses. 听对话，选择正确的答语。

- () a. A. I wash my face and hands.
B. I brush my teeth.
C. I get up early.
- () b. A. Meat and eggs.
B. Milk and bread.
C. Vegetables and fruit.
- () c. A. We are going to watch a basketball game.
B. We are watching a basketball game.
C. We watched a basketball game.
- () d. A. I often clean the floor.
B. I often clean the kitchen.
C. I often clean the dishes.
- () e. A. I play basketball and ping-pong.
B. I play ping-pong and football.
C. I play basketball and football.

■ 4. Listen and choose the correct answers. 听短文，选择正确的答案。

- () a. How is the weather today?
A. It's snowy. B. It's rainy. C. It's windy.
- () b. What do I do in the morning?
A. I help my father wash the dishes.
B. I help my mother clean the floor.
C. I help my mother clean the house.
- () c. When do Tom and I go to the gym?
A. At 12:00. B. At 9:00. C. At 2:00.
- () d. How do Tom and I go to the gym?
A. We go to the gym by bus.
B. We go to the gym by bike.
C. We walk to the gym.
- () e. What do Tom and I do in the gym?
A. We play basketball.
B. We play ping-pong.
C. We swim.

■ 5. Choose the correct words or phrases to fill in the blanks. 选择合适的词或词组填空。

- a. — _____ is the weather today?
— It's rainy and cloudy.
- b. — _____ would you like for dinner?
— Dumplings, please.
- c. — _____ are you from?
— I am from Canada.
- d. — _____ is your sister?
— She is nine years old.
- e. — _____ did you come to China?
— I came on Sunday.
- f. — _____ do you eat fruit?
— Twice a day.
- g. — _____ students are there in your class?
— There are fifty.

Word List

Where How What When How old How many How often

■ 6. Choose the different words. 选出不属于同一类的单词。

- () a. A. jump B. hear C. think D. science
- () b. A. bathroom B. kitchen C. house D. bedroom
- () c. A. bread B. egg C. milk D. coat
- () d. A. water B. lunch C. dinner D. breakfast
- () e. A. them B. they C. me D. her

■ 7. Read and choose the correct words to fill in the blanks. 读句子，选词填空。

- a. After I get up in the morning, I do some _____.
- b. A: Why is your little brother crying? B: He is _____.
- c. A: What's your favourite habit? B: Playing _____.
- d. A: Ouch! This box is too _____. B: Let me help you.
- e. A: How far can you _____? B: About two metres.

Word List

jump exercise football heavy afraid

■ **8. Read the passage and choose the correct answers.** 读短文，选择正确的答案。

My name is Rose. I get up early in the morning. I always have breakfast. I go to school at about half past seven. I am never late for school. I have four lessons in the morning. At about twelve o'clock, I have lunch at school. In the afternoon, I have two lessons. After school, I do my homework first, and then I play sports with my friends. In the evening, my parents come back from work. We have dinner together. Sometimes I watch TV. I go to bed at half past nine.

- () a. Rose gets up _____ every morning.
 A. late B. early C. at 6:30
- () b. Rose often goes to school at _____.
 A. seven o'clock B. half past seven C. six thirty
- () c. Rose has lunch _____.
 A. at school B. at home C. in the restaurant
- () d. Rose does her homework _____.
 A. after dinner B. in the evening C. after school
- () e. Rose _____ watches TV.
 A. always B. sometimes C. never

■ **9. What is a good habit? What good habits do you have?** 什么是好习惯？你都有哪些好习惯？写一写。



Listening Materials and Keys

听力材料和答案

UNIT 1

Lesson 1

1. Listen and draw the correct time on the clocks.

- Look at the clock. It's half past eight.
- Look at the clock. It's five fifteen.
- Look at the clock. It's twelve twenty-five.
- Look at the clock. It's nine forty.

2. Listen and choose the correct responses.

- When will Li Ming's plane arrive?
- Did you have a good trip?
- Hi Jenny! Nice to see you!
- What time is it now?

ABCB

3. clock; time; half; clock; him

4. seven o'clock; seven fifteen; seven fifty; half past twelve/twelve thirty; two ten; four twenty-five; five forty-five; six five; six fifty-five

Lesson 2

1. Listen and fill in the blanks.

- A: What's in the bathroom? B: It's a toilet.
- A: What's your mom doing? B: She's cooking in the kitchen.
- A: Where's the bedroom? B: It's on the second floor.
- A: What are you doing? B: I'm reading in the study.

2. Listen and write true (T) or false (F).

This is my house. There is a living room, a kitchen and a bathroom on the first floor. There are three bedrooms, a study and two bathrooms on the second floor.

TTFTF

3. b. My father reads the newspaper in the living room. c. My mother cooks breakfast/dinner... in the kitchen. d. My sister washes her hands in the bathroom. e. My brother does his homework in the study.

4. kitchen, study, floor

Lesson 3

1. Listen and write true (T) or false (F).

- What would you like for breakfast?
- I'd like some eggs, bread and juice, please.
- Mom is cooking eggs in the kitchen.
- Here are some dishes.

TFFT

2. Listen and choose the correct pictures.

- This is a fridge.
- Put the dish on the table.
- There is milk in the fridge.
- I'd like two eggs for my breakfast.

ACBB

3. a. T b. F c. dishes d. table e. There is fruit, milk and eggs in it.

4. breakfast, bread, eggs, milk, cake, juice, noodles, soup

Lesson 4

1. Listen and choose the correct responses.

- May I help you?
- What are you doing now?
- What's on the table?
- Are the dishes dirty or clean now?

BACB

2. Listen and choose the correct answers.

Son: It's half past six. I'm hungry, Mom! What's for dinner?

Mom: I'm cooking meat and vegetables.

Son: May I help you, Mom?

Mom: Yes. You can wash the vegetables. The tomatoes are in the fridge. The potatoes and carrots are on the table.

Son: OK.

ABAB

- vegetables, carrots, dishes, bread, tomatoes, potatoes, meat, milk, juice
- orange, egg, grape, pear, rice, soup, banana, apple, carrot, tomato, potato, milk
- a. F b. F c. dinner, dirty d. Today is Mother's Day. e. He dries the dishes.

Lesson 5

1. Listen and match the people with the pictures.

My grandma is watching TV. My grandpa is reading the newspaper. My brother and I are playing cards. My mother is reading a book. My father is playing on the computer.

2. Listen and fill in the blanks.

- We are watching a movie.
- She's writing a letter.
- They are playing a game.
- He is reading a book.
- I'm sitting beside my mother.

3.

Room	What's in the room?
living room	a TV, a couch
kitchen	a sink, a stove, a fridge, a table, four chairs
bathroom	a toilet, a shower, a sink
bedroom	a bed, a desk
study	a computer, a bookshelf, a desk, a chair

4. a. you b. her c. them, watching d. him e. me, writing f. us, sitting, playing

Lesson 6

1. Listen and choose the correct sentences.

- Play with the dishes.
- I cook eggs for dinner.
- After lunch, my mother washes the dishes.
- We go to the kitchen.
- I like to cook. I open the fridge.

ABABB

2. Listen and fill in the blanks.

- My mother is in the kitchen.
- Baby Becky! You are dirty.
- Time to make dinner.

- d. Don't play in the toilet.
 e. I see tomatoes, eggs and milk.
 3. a. help b. dishes c. milk d. cook e. dirty, toilet f. clean, bathroom g. living room h. kitchen

Unit 1 Review

1. Listen and choose the correct pictures.

- a. A: What time is it? B: It's half past four.
 b. A: May I help you? B: Sure! You can wash the vegetables.
 c. A: What is it? B: It's a kitchen.
 d. A: What is she doing? B: She is cooking.

BACB

2. Listen and tick the food everyone likes.

Mom: It's half past seven. Time for breakfast! What would you like, Mike?

Mike: I'd like some eggs, bread and juice, please.

Mom: What would you like, Ann?

Ann: I'd like some eggs, bread and milk, please. What about you and Dad?

Mom: We'd like some bread and milk.

	egg	bread	milk	juice
Dad		√	√	
Mom		√	√	
Mike	√	√		√
Ann	√	√	√	

3. a. floor b. dirty c. half d. him, writing e. them, watching
 4. ADADCB
 5. a. There are eight rooms. b. There are five. c. He is in the living room. d. John's mother and grandmother. e. He is reading the newspaper in his bedroom.
 6. 略

UNIT 2

Lesson 7

1. Listen and choose the correct pictures.

- a. It's rainy today.
 b. I go to school by bus.
 c. I often walk to school.
 d. This is our bus driver.

BBAC

2. Listen and fill in the blanks.

Mary: Do you always go to school by bike, John?

John: No. Sometimes I take a bus.

Mary: Is your home near the school?

John: No, it's far. So I never walk to school. How do you go to school, Mary?

Mary: I often walk to school.

3. a. always b. sometimes c. often d. never e. sometimes f. often g. often
 4. 略

Lesson 8

1. Listen and choose the correct sentences.

- a. We get off the school bus.
 b. There are six classes in Grade 5.

- c. My school is nice, but not big.
d. We learn English and French in my school.

BAAB

2. Listen and match.

My name is Han Yuxuan. I speak Chinese. My name is Kimi. I speak Chinese and English.
My name is Ada. I speak English and French.

Han Yuxuan—Chinese Kimi—Chinese, English Ada—English, French

3. a. It is nice and big. b. He learns Chinese, English, math, science, P.E. and art in the school.
c. There are about 1500 students in his school. d. There are thirty classes. e. Yes, he does.

4. 略

Lesson 9

1. Listen and choose the correct responses.

- a. What city are you from?
b. How are you?
c. When did you come to Canada?
d. How old are you?

BAAB

2. Listen and choose the correct answers.

Li Ming: Hello! My name is Li Ming. What's your name?

Susan: My name is Susan. Nice to meet you.

Li Ming: Nice to meet you, too. Where are you from, Susan?

Susan: I'm from Australia.

Li Ming: Can you speak Chinese?

Susan: No, I can't. I can only speak English.

Li Ming: When did you come to Shijiazhuang?

Susan: I came on Tuesday. I came here to visit my friend.

Li Ming: Have a good time here!

Susan: Thank you.

ABCA

3.

Name	Country	Age	Language
Wang Li	China	ten years old	Chinese, English
John Wu	the U.S.	eleven years old	Chinese, English
Mary White	Canada	nine years old	English, French

4. 略

5. 略

Lesson 10

1. Listen and number the pictures.

It's rainy and cool today.

The water is 100 degrees.

The temperature is twenty degrees.

It's sunny and warm today.

a-4, b-3, c-2, d-1

2. Listen and draw “☺” or “☹”.

- a. It's 0 degrees in Beijing. It's sunny and cold.
b. It's 19 degrees in Guangzhou. It's rainy and warm.
c. It's 20 degrees in Canberra. It's cloudy and hot.
d. It's 12 degrees in London. It's windy and cool.
a. ☹ b. ☺ c. ☹ d. ☺

3. a. It's sunny. b. It's a cloudy day. c. It's eleven degrees. d. It's snowy. Yes, it is. e. Kunming.
4. 略

Lesson 11

1. Listen and match.

Jenny often washes dishes at home. Danny sometimes rides a bike. Li Ming always goes to school by bus. Steven never wears dresses.

2. Listen and write true (T) or false (F).

I often get up early in the morning. I always have breakfast. After breakfast, I often walk to school. Sometimes I take the school bus. I never ride a bike to school. After school, I sometimes play basketball with my friends. In the evening, I always do my homework.

TFFTF

3. always, often, sometimes, never; always, sometimes, never, often; always, never, often, sometimes
4. 略

Lesson 12

1. Listen and draw “😊” or “☹”.

- a. They see the yellow school bus.
b. The people wait at the bus stop.
c. The students sit on the school bus.
d. The bus driver is Ms. Green. She is very nice.
a. ☹ b. 😊 c. ☹ d. 😊

2. Listen and number the sentences.

I'm always excited on the first day of school.

Always remember to be safe on the way.

Please wear your seat belts.

Don't stand too close to the street.

It is always good to be careful.

5-4-2-3-1

3. a. meet, wait b. driver, Ms. c. sit, wear d. always
4. a. I always watch for cars and bikes.
b. I always look to the left and to the right before I cross the street.
c. I don't/never play football on the street.
d. 正确
e. I always wear the seat belts.

Unit 2 Review

1. Listen and choose the correct pictures.

- a. A: Do you always go to school by bus, Kate?
B: No, not always. Sometimes I ride my bike.
Q: How does Kate sometimes go to school?
b. A: How many classes are there in Grade 5?
B: There are six and I'm in Class Six.
Q: What grade is the girl in?
c. A: Where are you from?
B: I'm from Australia.
Q: Where is the boy from?
d. A: How's the weather today?
B: It's rainy and cool.
Q: How's the weather today?

ABAB

2. Listen and choose the correct answers.

Hello! I'm Tom. I'm a student. I often get up at 6:30. I eat breakfast at 7:00 and I go to school at 7:30. My home is not far from the school. So I often walk to school. Sometimes I ride my bike.
ABAA

3. driver, science, blackboard, clean, water

4. a. How many classes are there in Grade 5? b. Where are you from? c. How old are you?
d. How's the weather today? e. What's the temperature?

5. a. T b. 0/zero c. C d. B e. Winter.

Mid-term Review A

1. Listen and choose the correct words.

- a. There is a living room on the first floor.
- b. My mom is in the kitchen.
- c. What would you like for breakfast?
- d. Do you always do your homework?
- e. I like to eat vegetables.

CACAC

2. Listen and match.

A: What time is it? B: It's 10:00. I have lessons at school.

A: What time is it? B: It's 7:15. I'll wash my face in the bathroom.

A: What time is it? B: It's 8:15. Let's go to the living room to watch TV.

A: What time is it? B: It's 9:45 in the evening. I'll go to the bedroom.

A: What time is it? B: It's 5:30. Mum is making dinner in the kitchen.

a-C, b-E, c-A, d-B, e-D

3. Listen and choose the correct responses.

a. A: Nice to meet you, Mr. Wood. B: Nice to meet you, too.

b. A: What is Li Ming doing in the living room? B: He is reading a book.

c. A: Do you walk to school every day? B: Yes, I do.

d. A: Is this dish clean? B: No, it's dirty.

e. A: What's the temperature? B: It's twenty degrees.

ACABB

4. Listen and write true (T) or false (F).

This is my house. There are six rooms in my house. They are two bedrooms, a living room, a study, a kitchen and a bathroom. I like to read books in the study. There is a fridge in the kitchen. There are some vegetables and fruit in the fridge. My house is not big, but it is very clean.

FFTTT

5. ACCAAB

6. a. What is the temperature inside b. There are two bathrooms on the second floor c. What city are you from d. What would you like for dinner e. I often go to school by bike

7. a. often b. toilet c. them d. dirty e. floor

8. BCCAB

9. 略

Mid-term Review B

1. Listen and choose the correct words.

- a. I often clean the floor at home.
- b. I'd like some eggs, bread and milk, please.
- c. There are four bedrooms and a study on the second floor.
- d. What's the temperature of the water?
- e. There is a clock on the table.

BACBA

2. Listen and match.

My father often drives a car to work. My mother sometimes rides a bike to go shopping. My sister never takes a bus to school. I always walk to school.

3. Listen and choose the correct responses.

- a. A: What is she doing? B: She is watching TV.
- b. A: Where are you from? B: I'm from China.
- c. A: What would you like for dinner? B: I'd like some vegetables and meat.
- d. A: What time is it? B: It's half past nine.
- e. A: Do you always do your homework? B: Yes, I do.

CCABA

4. Listen and tick the words you hear.

This is my house. There is a TV in the living room. There is a table and a fridge in the kitchen. There is a toilet in the bathroom. There is a bed in the bedroom. There is a computer and a desk in the study.

5. AABBCA

6. a. Do you sometimes help your mother b. The milk is in the fridge c. How many students are there in your school d. I would like some bread for breakfast e. My father is reading the newspaper in the study

7. a. driver b. them c. rainy d. reads e. is cooking

8. ACBAC

9. 略

UNIT 3

Lesson 13

1. Listen and choose the correct answers.

- a. What's your favourite sport?
- b. What sports do you play?
- c. Do you have any ping-pong balls?
- d. Can you teach me to play basketball?

ABAA

2. Listen and number the pictures.

My favourite sport is basketball.

I play football after school.

In China, many people like to play ping-pong.

In Canada, people like to play ice hockey.

a-2, b-1, c-4, d-3

3. basketball, football, ball, think, sports

4. a. Ping-pong. b. He plays football and basketball. c. No, he doesn't. d. They are going to the store. e. A new ping-pong ball.

5. 略

Lesson 14

1. Listen and number the answers.

- a. Excuse me, do you have any T-shirts?
- b. Do you want these or those ping-pong balls?
- c. Do you like this or that T-shirt?
- d. How much are they?

a-2, b-3, c-1, d-4

2. Listen and fill in the blanks.

Clerk: Can I help you?

Girl: Yes, I'd like to buy a schoolbag. Do you have a red one?

Clerk: Yes. I'll show you.

Girl: How much is this one? It looks nice.

Clerk: It's 80 yuan.

Girl: How much is that one?

Clerk: It's 50 yuan.

Girl: That one is cheap, but it is nice, too. I'll take it. I also need some exercise books.

Clerk: These exercise books are two yuan each. Those exercise books are one yuan each.

Girl: I want two of these exercise books.

Clerk: 54 yuan, please.

3. a. sport b. clothes c. colour d. subject e. fruit f. vegetable

4. a. T b. twenty-five c. A pair of shorts and a basketball.

5. a. I need those shirts. b. I don't need these sweaters. c. I need this book. d. I don't need that ticket.

Lesson 15

1. Listen and choose the same types of the words.

a. basketball b. heavy c. catch d. driver e. school

ACADB

2. Listen and number the sentences.

I'm throwing the basketball!

Danny! Catch the ball!

Ouch! That ball is heavy!

Throw the basketball at the net.

This is too difficult! The ball is too heavy.

This ball is light! I can throw it easily!

4, 6, 5, 3, 2, 1

3. dirty—clean, throw—catch, difficult—easy, inside—outside, light—heavy, learn—teach, go—come

4. 略

5. a. F b. F c. heavy, light d. They went to the gym. e. They played ping-pong and basketball.

Lesson 16

1. Listen and write true (T) or false (F).

a. We are going to watch a basketball game this evening.

b. Our team has white T-shirts and blue shorts.

c. They arrive at the school at 7:00 p.m.

d. His game is at the school playground.

FFTF

2. Listen and answer the questions.

Bob is Jenny's brother. He is twenty years old. He is a policeman. On Saturday, he is a basketball player. He plays basketball for fun.

a. He is Jenny's brother. b. He is twenty years old. c. He is a policeman. d. On Saturday he plays basketball.

3. player, throwing, jumps, catches, runs, puts

4. b. Sam is playing a basketball game. He is a basketball player. c. Mike is playing a football game. He is a football player. d. Wang Tao is playing a ping-pong game. He is a ping-pong player.

Lesson 17

1. Listen and choose the correct responses.

a. What did you do this evening?

b. Did you have fun watching the game?

- c. What is his team doing?
d. What are you going to do?

CABA

2. Listen and number the sentences.

We watched a basketball game.

Bob was on the blue team.

Bob's team played against the orange team.

It was a good game and everyone played hard.

We cheered for Bob's team.

3, 2, 5, 4, 1

3. a. The Tigers. b. The Tigers were in red and the Lions were in yellow. c. We jumped up and down. We cheered for Mike's team very loudly! d. Mike's team/The Tigers.

4. cf, ae, bd

Lesson 18

1. Listen and write true (T) or false (F).

- a. He liked to play football very much.
b. Today I got the best gift in the world.
c. Soon he could kick the ball easily into the net.
d. The boy was the world famous basketball player.

FFTF

2. Listen and number the pictures.

I liked to play ping-pong very much.

My brother is a player on a basketball team.

The man gave the boy a football as a gift.

a-3, b-2, c-1

3. 6, 3, 7, 4, 1, 5, 2

4. ran, asked, buy, gift, player, won

5. 略

Unit 3 Review

1. Listen and fill in the blanks.

- a. My father is a policeman.
b. What's your favourite sport?
c. This one is heavy, and that one is light.
d. I think this game is exciting.

2. Listen and fill in the table.

John's favourite sport is basketball. Bill's favourite sport is football. Jim's favourite sport is football, too. Mark likes to play ping-pong best.

Name	John	Bill	Jim	Mark
Favourite sport	basketball	football	football	ping-pong

3. CABDDDB

4. AABABBB

5. a. Ping-pong. b. Basketball. c. Ping-pong, basketball and football. d. Ping-pong and ice hockey. e. Ping-pong.

6. 略

UNIT 4

Lesson 19

1. Listen and number the sentences.

An apple a day keeps the doctor away!

How often do you eat vegetables?

I eat potatoes and tomatoes twice a week.

You need to eat more fruit.

2, 1, 4, 3

2. Listen and fill in the blanks.

a. Li Ming ate breakfast seven times last week.

b. Jenny ate fruit five times last week.

c. Danny ate donuts three times yesterday.

d. Kim ate vegetables once yesterday.

e. Mr. Wood ate meat twice yesterday.

3. a. Twice a day. b. Twice a week. c. Carrots. d. Three or four times a week. e. He needs to eat more vegetables and fruit.

4. 略

Lesson 20

1. Listen and number the pictures.

I always do my homework in the evening.

I have breakfast at 7:00 every morning.

I wash my face and hands.

I sometimes walk to school.

a-3, b-2, c-4, d-1

2. Listen and fill in the blanks.

a. I wash my hands before dinner.

b. I wash my face and hands after I get up.

c. After breakfast, my sister goes to school.

d. Jenny wakes up early every morning. She always has breakfast.

e. I brush my teeth twice a day. I want strong and healthy teeth.

3. a. F b. T c. before d. Because he wants strong and healthy teeth. e. Three or four times a week.

4. a. After b. Before c. Before d. After e. Before f. Before

Lesson 21

1. Listen and choose the correct responses.

a. How much exercise do you need every day?

b. What do you do for exercise?

c. How many minutes do you walk every day?

d. What do you think of my exercise?

ABAB

2. Listen and number the pictures.

Riding a bike is exercise.

Walking is exercise.

Running is exercise.

Playing sports is exercise.

a-3, b-4, c-2, d-1

3. riding a bike, walking to school, running, playing ping-pong, flying kites, playing basketball

4. a. sixty b. twenty-four c. seven days in a week d. There are four weeks in a month e. There are twelve months in a year

5. three hours, six hundred minutes, seven hours, three hundred minutes

Lesson 22

1. Listen and tick the sentences you hear.

Doing exercise is a good habit.

Going to bed early is a good habit.

Having breakfast every day is a good habit.

Listening to my parents is a good habit.

a, c, d, g

2. Listen and number the pictures.

Eating healthy food is a good habit.

Playing sports is a good habit.

Always doing my homework is a good habit.

Always brushing my teeth is a good habit.

a-4, b-1, c-2, d-3

3. early—late, always—never, sad—happy, right—wrong, high—low, up—down, after—before, good—bad

4. a, c, d, f, h, i, j

5. a. She often gets up at 6:30 in the morning. b. She always has breakfast. c. Three times a day. d. She watches too much TV and she doesn't like to do exercise. e. She often spends time with her family.

Lesson 23

1. Listen and choose the correct pictures.

a. His father gave him an axe.

b. I cut down the tree.

c. He was very afraid and cried.

ACB

2. Listen and choose the correct answers.

a. A: How old was George?

B: He was six years old.

b. A: Did George like his new axe?

B: Yes, he did.

c. A: What happened to the tree?

B: I cut it down.

d. A: I can't tell a lie.

B: You are a good boy!

BABA

3. 5, 4, 2, 1, 6, 3

4. BBCAC

Lesson 24

1. Listen and choose the same types of the words.

a. speak b. water c. often d. new

ABDC

2. Listen and choose the correct sentences.

a. I couldn't hear anything.

b. My friend sometimes got angry.

c. Her parents loved her very much.

d. She became a great teacher.

BBAC

3. 8, 6, 5, 2, 3, 7, 1, 4

4. a-D, b-C, c-A, d-B

5. TFFFTT

Unit 4 Review

1. Listen and choose the correct pictures.

- a. A: What is your favourite healthy food?
B: Vegetables.
- b. A: How often do you brush your teeth?
B: Three times a day.
- c. A: What do you do for exercise?
B: Playing basketball.
- d. A: Why is she crying?
B: She is afraid.

ABBC

2. Listen and fill in the blanks.

- a. I get up early and wash my face and hands before breakfast.
- b. After dinner, she does some exercise.
- c. Everyone wants to be strong and healthy.
- d. How many minutes or hours do you walk every day?
- e. A: What can you hear?
B: A boy is crying.

3. ACBBD

4.	Fruits	banana, apple, melon, grapes
	Sports	basketball, football, ping-pong, ice hockey
	Drinks	water, pop, milk, juice
	Clothes	skirt, T-shirt, shoes, socks

5. a-E, b-C, c-A, d-B, e-D

6. always, once, twice, eight, never

7. 略

Final-term Review A

1. Listen and choose the correct words.

- a. Do you have any ping-pong balls?
- b. Do you like this game or that game?
- c. After breakfast, she goes to school.
- d. We are going to watch a basketball game this evening.
- e. I think you need to get more exercise.

BCACA

2. Listen and choose the correct pictures.

- a. It's half past seven now.
- b. There is a toilet in the bathroom.
- c. The temperature is 15 degrees now.
- d. My grandfather always reads newspapers after dinner.
- e. Playing basketball is a good habit.

CBBBC

3. Listen and choose the correct responses.

- a. A: What is your father doing? B: He is washing the vegetables in the kitchen.
- b. A: How many minutes do you walk to school? B: I walk about ten minutes.
- c. A: How often do you eat breakfast? B: Once a day.
- d. A: Do you have any ping-pong balls? B: Yes. Let's play ping-pong.
- e. A: Do you like this T-shirt or that T-shirt? B: I like that one.

CAABB

4. Listen and choose the correct answers.

David: Hello, Jim.

Jim: Hi, David. Where are you going?

David: I'm going to the store. I want to buy a new basketball and a pair of shoes.

Jim: Oh. Are you a basketball player?

David: Yes. I play on my school team. Do you like to play basketball?

Jim: No. I like to play ping-pong and football. Ping-pong is my favourite sport.

AABCB

5. a. light b. clean c. always d. early e. After

6. a. bedroom, kitchen, bathroom b. always, often, sometimes c. basketball, football, ping-pong d. him, them, her, me

7. a. player b. healthy c. Helping d. him e. writing

8. ACCAABCB

9. 略

Final-term Review B

1. Listen and choose the correct words.

a. The basketball is too heavy.

b. They jump up and down.

c. Exercise helps make your body healthy and strong.

d. I walk thirty minutes every day.

e. Before breakfast, I wash my hands and brush my teeth.

ACACA

2. Listen and choose the correct pictures.

a. My father is a policeman.

b. We often take the school bus to school.

c. My brother's favourite sport is football.

d. We watch TV in the living room in the evening.

e. I think vegetables can make you strong and healthy.

ABBBC

3. Listen and choose the correct responses.

a. A: What do you do before breakfast? B: I wash my face and hands.

b. A: What's in the fridge? B: Milk and bread.

c. A: What did you do this evening? B: We watched a basketball game.

d. A: What do you often do at home? B: I often clean the floor.

e. A: What do you do for exercise? B: I play basketball and football.

ABCAC

4. Listen and choose the correct answers.

Today is Saturday. It's a windy day. I don't go to school. I help my mother clean the house in the morning. At two o'clock in the afternoon, I go to the gym with my friend, Tom. We go there by bus. We play ping-pong in the gym.

CCCAB

5. a. How b. What c. Where d. How old e. When f. How often g. How many

6. DCDAB

7. a. exercise b. afraid c. football d. heavy e. jump

8. BBACB

9. 略