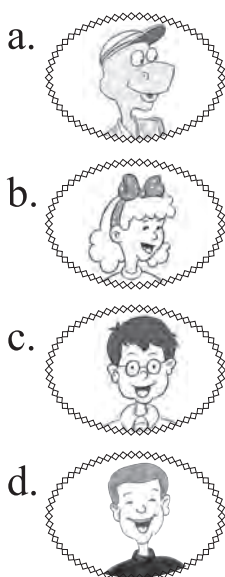
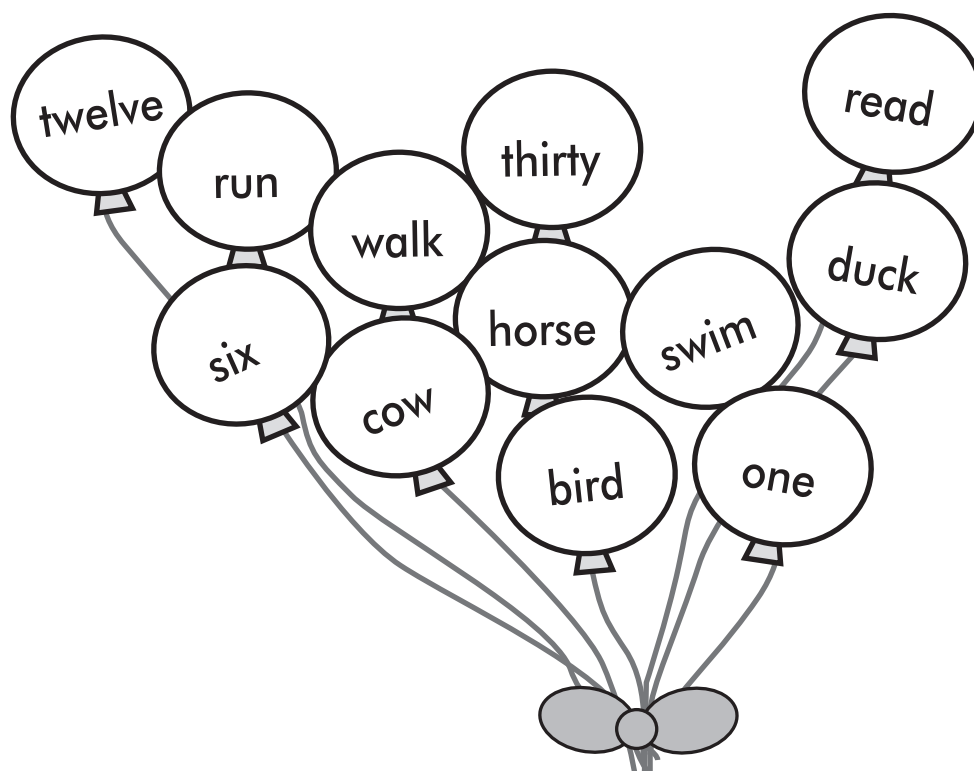


19 Let's Exercise!

1. Listen and match. 听录音，把人物和活动连线。



2. Read and colour. 读一读，涂一涂。(把同类的词涂成同样的颜色。)



3. Look and write. 看图，完成对话。

Word List
like swim kite fly to do run

a.



— What do you like to do?

— I like to _____ a _____.

b.



— What do you _____ to do?

— I like to _____.

c.



— What do you like _____?

— I _____ to _____.



4. Make a survey and fill in a chart. 请采访你的伙伴，看看他们每天都喜欢做什么，填在一个表格中。

| Name | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------|--------|--------|---------|-----------|----------|--------|----------|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |



20 Eat Good Food!

1. Listen and draw 😊 or ☹️. 听录音，判断听到的内容和图片是否一致，在图片旁画 😊 或 ☹️。



a.



b.

c.

d.





2. Read and write. 读一读，完成对话。

a. — What do you eat for breakfast?

— I eat some _____  and an _____ .

b. — What do you eat for lunch?

— I _____ some _____ .

c. — What food do you like?

— I like _____ . They're _____ for me.

d. — Do you like some water?

— Yes, please. I _____ lots of water every day.

3. Read and match. 读一读，连一连。



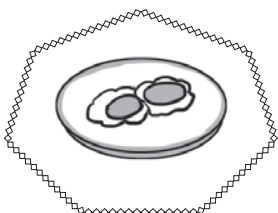
a. I drink some tea on Monday.



b. I eat noodles on Wednesday.



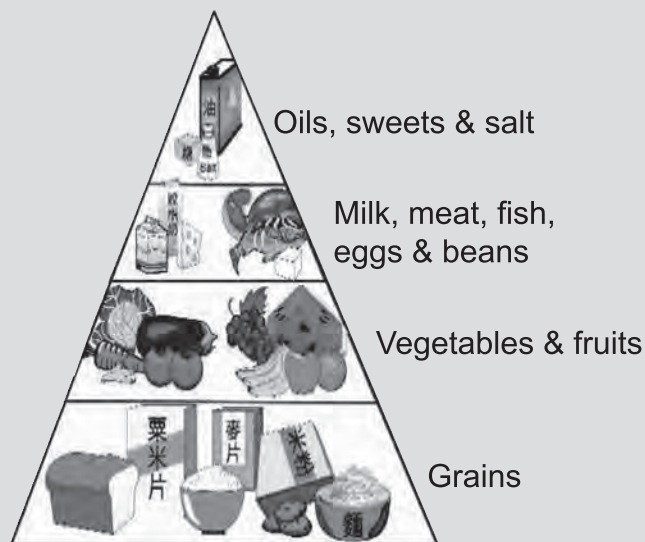
c. We eat eggs on Friday.



d. We drink milk on Sunday.



这个食物金字塔包含了我们身体所需的蛋白质、碳水化合物、维生素、矿物质等营养元素，最底层粮谷类食物营养最为丰富，同学们每天要坚持多吃。其次，每天要多吃水果、蛋奶肉类食品，少吃糖、盐、煎炸烧烤类食物。为了我们能有一个健康的身体，大家一定要健康合理地饮食。



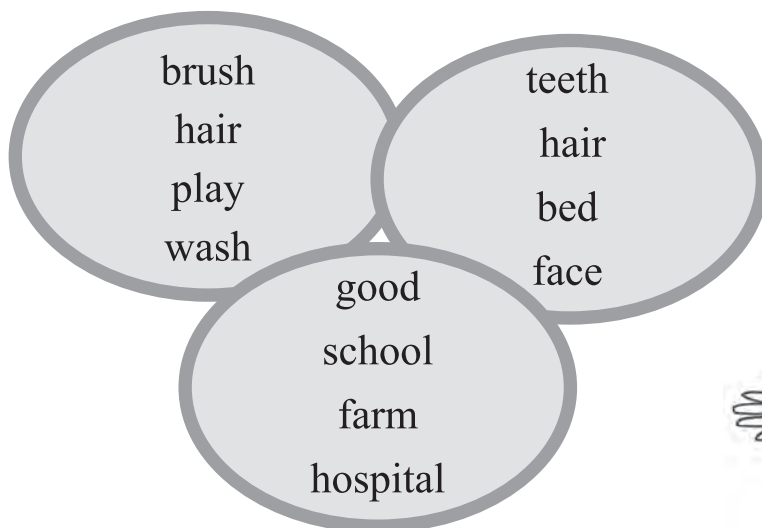
健康饮食金字塔


21 Good Habits

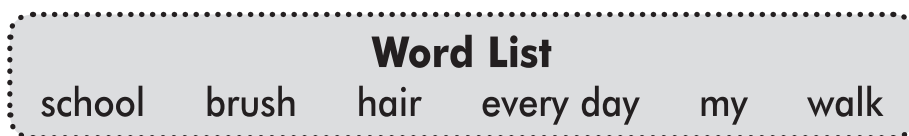
1. Listen and number. 听音标号。    



2. Read and circle. 读一读，圈出每组中不同类的词。   



3. Read and write. 读一读，写一写。    



a.



I _____ my _____ every day.



I do exercise _____.



I work hard at _____.



I go for a _____ with _____ parents.

■ **4. Read and judge.** 读一读，判断 Jimmy 的一些习惯是否健康。
用 😊 和 ☹️ 标记出来。 🦋🦋🦋🦋🦋

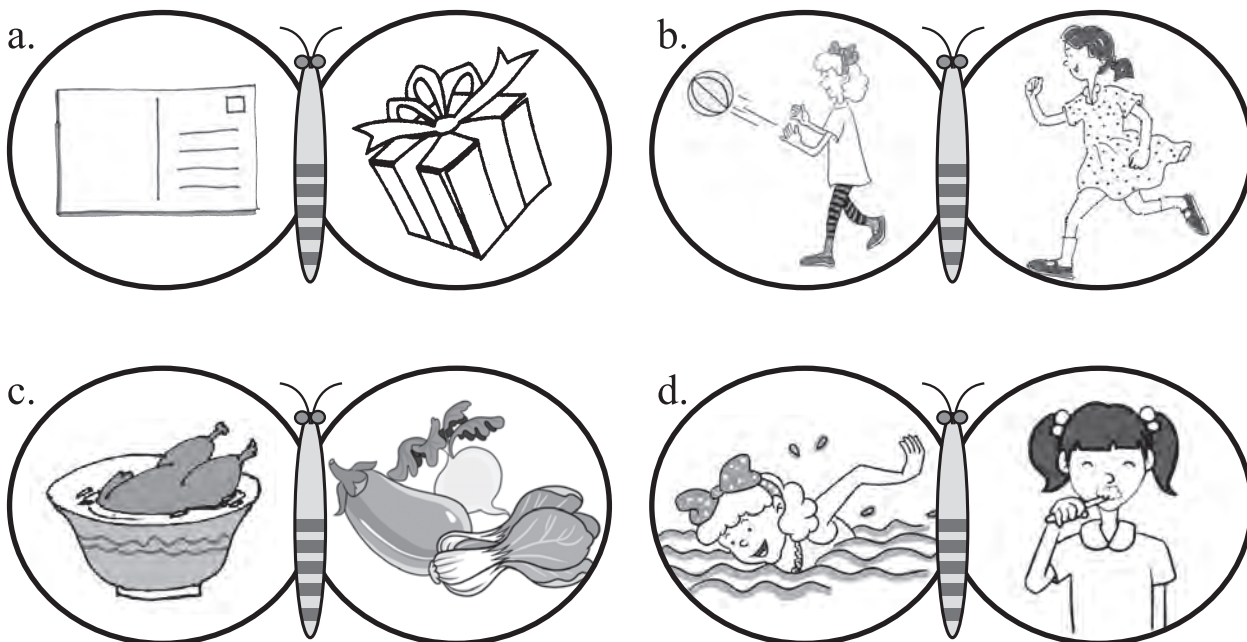
- 😊 a. Jimmy gets up at ten o'clock.
- 😊 b. Jimmy brushes his teeth after every meal.
- 😊 c. Jimmy doesn't eat breakfast.
- 😊 d. After dinner, Jimmy washes the dishes.
- 😊 e. Jimmy goes to bed at nine o'clock.

■ **5. Think, write and say.** 你认为你有哪些好的生活习惯，写一写，说一说。 🦋🦋🦋🦋🦋

My Good Habits

22 Mother's Day

1. Listen and circle. 听一听，圈一圈。



2. Listen and try to read. 听一听，试着读一读。



- a. Happy Mother's Day!
- b. Thank you for everything you did for us.
- c. I hope you know how much I love you!
- d. You are the best mom in the world!
- e. I hope you have a great day today.
- f. Best wishes to you on Mother's Day!
- g. I love you, Mom!
- h. I am truly blessed to have such a wonderful mother!



■ 3. Make words and fill in the blanks. 重组字母并填空。



- a. I want to _____ (uyb) a gift for my mother.
- b. I can _____ (kema) breakfast for my mother.
- c. This is a _____ (arcd) for my mother.
- d. I like to _____ (aply) with my friends after school.
- e. She _____ (okcos) every morning.
- f. She helps her mom _____ (wsha) the clothes.

■ 4. Make sentences. 连词成句。



- a.

| | | | | | |
|---|-------|-----|----|-------|-------|
| I | every | day | my | teeth | brush |
|---|-------|-----|----|-------|-------|

_____.
- b.

| | | | | |
|----|-----|------|-----|------|
| me | are | good | for | they |
|----|-----|------|-----|------|

_____.
- c.

| | | | | | |
|----|------|----|----|-----|------|
| do | like | to | do | you | what |
|----|------|----|----|-----|------|

_____?

■ 5. Make a card for your mother. 为妈妈做一张母亲节卡片。



23 Visiting Mrs. Zhou

■ 1. Listen and tick. 听音，勾出听到的单词。 

a. She is very

| | |
|-------|--------------------------|
| old | <input type="checkbox"/> |
| young | <input type="checkbox"/> |

.

b. I go to

| | |
|-------|--------------------------|
| visit | <input type="checkbox"/> |
| see | <input type="checkbox"/> |

 my grandma every Saturday.

c. I clean my

| | |
|------|--------------------------|
| desk | <input type="checkbox"/> |
| room | <input type="checkbox"/> |

 every morning.

d. She likes to


| | |
|------|--------------------------|
| read | <input type="checkbox"/> |
| tell | <input type="checkbox"/> |

 a story.


e. I feel very

| | |
|-------|--------------------------|
| happy | <input type="checkbox"/> |
| sad | <input type="checkbox"/> |


.

■ 2. Read, match and act. 读一读，选择合适的句子填空，并表演对话。 

Hi Grandma Zhou. _____



Thank you. I love fruit and vegetables.



Let's go for a walk.

- A. What would you like to do now, Grandma Zhou?
- B. Let me tell you a story.
- C. We have some fruit and vegetables for you.

■ 3. Write and read. 写一写，读一读。



- | | | | | | |
|----|-------|---------|-------|-------|---------|
| a. | __s | s__ster | s__x | f__sh | v__s__t |
| b. | b__ke | r__de | k__te | f__ve | l__ke |
| c. | __irl | __o | __ood | pi__ | do__ |

■ 4. Read and write. 读一读，选一选。



- What would you like to do?
— Let's go to _____ Grandma Zhou.



- What will you do on Mother's Day?
— We will clean the _____.



- What do you do in the evening?
— I _____ my sister stories.







- What do you do on Saturday?
— I _____ my clothes.

Word List
wash
room
tell
visit

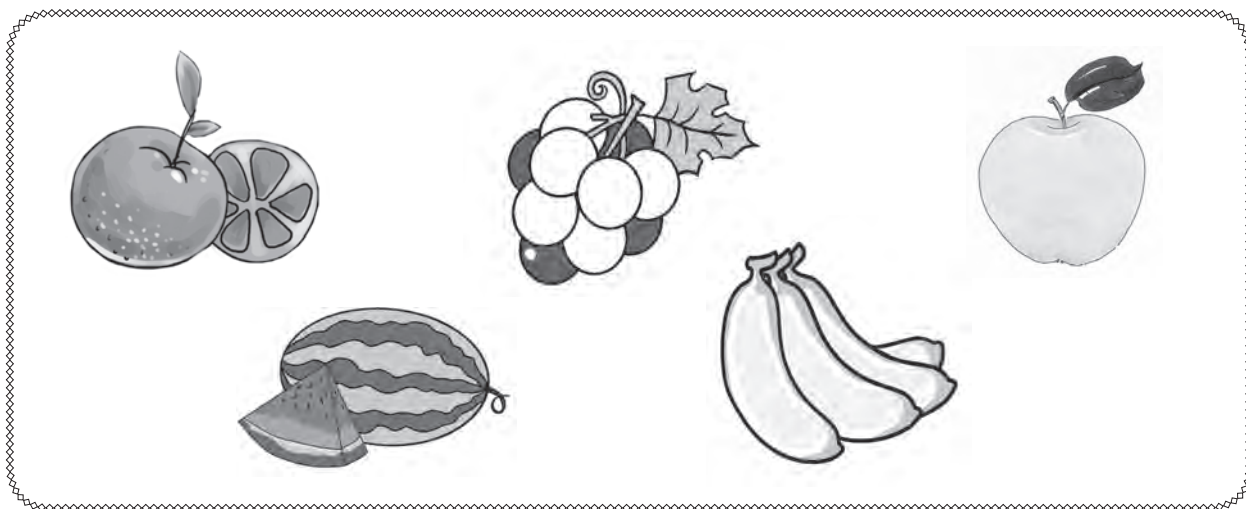
■ 5. What can you do to help others? Talk and write. 你能帮助他人做什么事情？说一说，写一写。





24 A Little Monkey

■ 1. Listen and choose. 听录音，选出所听到的单词。    

- | | | |
|----------------|----------|---------|
| () a. A. fish | B. fruit | C. kite |
| () b. A. good | B. cool | C. big |
| () c. A. head | B. arm | C. leg |
| () d. A. play | B. day | C. they |

■ 2. Read and circle. 读故事，圈出故事中出现的水果。   

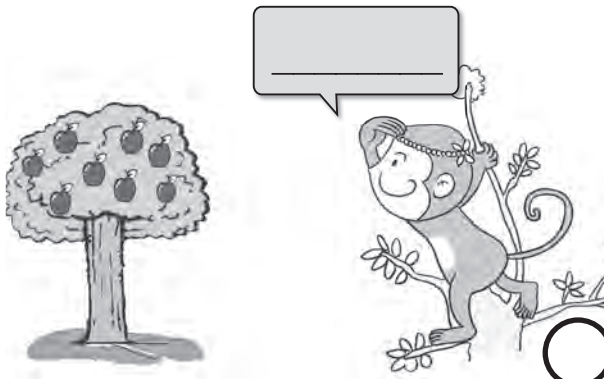
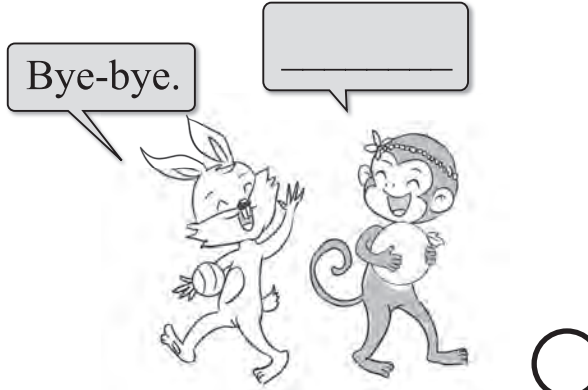

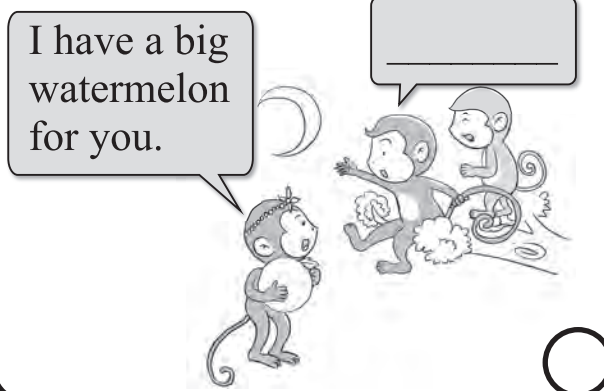
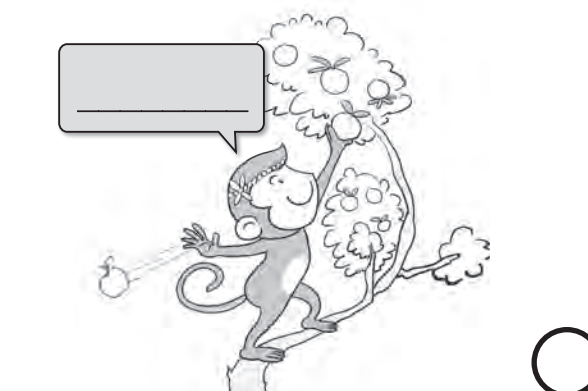


■ 3. Read and choose. 读故事，选择正确答案。    

- | | |
|--|---------------------|
| () a. What would the sick monkey like to eat? | |
| A. Some fruit. | B. Some vegetables. |
| () b. What fruit does the little monkey see at first? | |
| A. Some oranges. | B. Some apples. |
| () c. Who wants to play with the little monkey? | |
| A. The sick monkey. | B. The rabbit. |
| () d. What fruit does the sick monkey get? | |
| A. Apples, oranges and a watermelon. | B. A watermelon. |

■ 4. Look, match and number. 看图片匹配对话, 将字母序号写在横线上, 并将故事排序。(将编号写在图片右下角的圆圈里。)



| | |
|---|--|
|  |  |
|  | |
|  |  |

- A. I'll get some fruit for you.
 B. Wow! The apples look good. I'll get some.
 C. Oh, oranges! I like oranges! I'll get some.
 D. I'll play with you later. Goodbye!
 E. Thank you for your help!

Unit 4 Review

1. Listen, write and match. 听录音填空，然后连线。



- a. — What do you do every Saturday?
— We go to _____ Mrs. Zhou.

- b. — What do you like to do on Mother's Day?
— I'd like to make a _____
for my _____.

- c. — What do you like to do on Sunday?
— I like to _____
_____.

- d. — What do you like to have for dinner?
— Vegetables. They _____
_____.



2. Read and match. 读一读，给相应图片标上合适的说明。



- A. In the evening, I do my homework.
- B. I ride my bike three times a day.
- C. I like to swim in summer.
- D. We have some vegetables and fruit for you!
- E. We will clean the room on Mother's Day.

■ 3. Match and talk. 给下列问句找到合适的答语并和同伴们说说。



What do you like to do?

My ear hurts.

What do you eat for lunch?

It's twelve ten.

Would you like some fruit?

I eat vegetables, rice and eggs.

What's the matter?

Yes, please.

What time is it?

I like to ride a bike.

■ 4. Read and judge. 读短文，判断正误，画出😊或☹。



Susan is a 9-year-old girl. She is in Grade 3. She works very hard at school. She likes to read books and do exercise. She walks to school every day. At home, she helps her mom cook and clean the room. She has good habits and she is very healthy.

- 😊 a. Susan likes to read books and do exercise.
- 😊 b. Susan goes to school on foot every day.
- 😊 c. Susan doesn't help her mom.
- 😊 d. Susan has good habits.



听力材料

Lesson 1: 1. Listen and number. a. I feel tired. b. I feel happy! c. I feel angry. d. I feel sad!

Lesson 2: 1. Listen and circle. a. I like ice cream. b. I feel hot. c. I feel cool.

Lesson 3: 1. Listen and circle. a. I hurt my foot. b. — Are you okay? — No. My ear hurts. c. Ouch! My leg hurts. d. My nose hurts!

Lesson 4: 1. Listen and tick. a. — What's the matter, Danny? — My leg hurts. And my hand hurts. b. — Hi Li Ping! Are you okay? — No, my head hurts. c. — What's the matter, Joan? — My arm hurts. d. — Are you okay, Lin Tao? — No, I hurt my foot. e. — Hi Zhang Hua. What's the matter? — I feel ill. My ear hurts so much.

Lesson 5: 1. Listen and write. a. — Are you okay? — No, my nose hurts. b. — How do you feel? — I feel cool. c. — What's the matter? — His ear hurts. d. — Where is Li Yifei today? — She is at the hospital.

Lesson 6: 1. Listen and choose. a. — How do you feel? — I feel cool. b. — How do you feel? — I'm hot. c. — Are you okay? — No, my leg hurts. d. — What's the matter? — My head hurts.

Unit 1 Review: 1. Listen and circle. a. — How do you feel? — I feel happy. b. — What's the matter? — My hand hurts. c. — Are you okay? — No. I feel tired. d. — How do you feel? — I feel cool.

Lesson 7: 1. Listen and number. a. This is a desk. b. This is a cake. c. I have a cat. d. I love my dog.

Lesson 8: 1. Listen and draw. a. A fish can swim. b. A bird can fly. c. This is a dog. d. I see a cat.

Lesson 9: 1. Listen and circle. a. I can see three horses. b. I can see five pigs. c. I can see two cows. d. I can see four fish.

Lesson 10: 1. Listen and tick. a. — Is it a horse? — No, it isn't. It's a cow. b. — Is it a duck? — Yes, it is. c. — Is it a bird? — No, it isn't. It is a chicken. d. — What's this? Is it a dog? — No, it isn't. It's a sheep.

Lesson 11: 1. Listen and colour. a. — What can you see? — I can see six dogs. b. — How many cats can you see? — Eight. c. I can see seven fish. d. I can see nine chickens. e. Look, I can see ten sheep there.

Unit 2 Review: 1. Listen and number. a. — Can a duck swim? — Yes, it can. b. — What can you see? — I can see a horse. c. Look! I can see a big cow. d. I can see a pig. e. — What would you like? — I would like a fish.

Lesson 13: 1. Listen and colour. a. — What time is it? — It's twelve o'clock. b. — What time is it? — It's eleven fourteen. c. — What time is it? — It's ten thirteen.

Lesson 14: 1. Listen and circle. a. — How much is the cake? — It's fifteen. b. — How much is the fish? — It's sixteen yuan. c. — How much is the fan? — It's nineteen. d. — How much are the eggs? — They are twenty-six.

Lesson 15: 1. Listen and draw. a. I get up at six fifty. b. At seven thirty-five, I have breakfast with my family. c. It's four forty. Time to play football! d. I go to bed at nine twenty.

Lesson 16: 1. Listen and circle. a. After dinner, I wash the dishes. b. I watch TV at eight o'clock. c. — Good night, Mom and Dad. — Good night, Li Ming. d. I do my homework at seven thirty.

Lesson 17: 1. Listen and choose. a. At dinner, I talk with my family. b. After dinner, I play with my little brother. c. At seven thirty, I read a book. d. I say good night to my mom and dad at eight fifty. e. I go to bed at nine o'clock.

Lesson 18: 1. Listen and choose. a. Danny gets up at five o'clock. b. Danny goes to school at five forty. c. At ten o'clock, Danny wants to have lunch. d. At two thirty, Danny is ready to go home.

Unit 3 Review: 1. Listen and tick. a. I get up at six thirty. b. I go to school at seven twenty-five. c. I have lunch at twelve o'clock. d. I play on the playground at four o'clock. e. I go home at five thirty.

Lesson 19: 1. Listen and match. a. — Hi Danny, what do you like to do? — I like to play basketball. b. — What do you like to do, Jenny? — I like to swim. c. — Hello, Li Ming, let's go and fly a kite. — Great! Let's go. d. — Steven, what do you like to do on Sunday? — I like to ride a bike.

Lesson 20: 1. Listen and draw ☺ or ☹. a. — What do you eat for breakfast? — I eat some bread. b. — What do you drink with lunch? — I drink some tea. c. — What would you like? — I would like some ice cream. d. We should eat some fruit every day. They are good for us.

Lesson 21: 1. Listen and number. a. I brush my teeth every day. b. I brush my hair in the morning. c. I wash my hands every day. d. I wash my face two times a day.

Lesson 22: 1. Listen and circle. a. I'd like to make a card for my mom. b. I like to run every morning. c. Vegetables are good for us. d. We should brush our teeth every day. 2. Listen and try to read. a. Happy Mother's Day! b. Thank you for everything you did for us. c. I hope you know how much I love you! d. You are the best mom in the world! e. I hope you have a great day today. f. Best wishes to you on Mother's Day! g. I love you, Mom! h. I am truly blessed to have such a wonderful mother!

Lesson 23: 1. Listen and tick. a. She is very old. b. I go to visit my grandma every Saturday. c. I clean my room every morning. d. She likes to tell a story. e. I feel very happy.

Lesson 24: 1. Listen and choose. a. I will buy some fruit for you. b. The apples look good. c. Ouch, my leg hurts. d. I'll play with you later.

Unit 4 Review: 1. Listen, write and match. a. — What do you do every Saturday? — We go to visit Mrs. Zhou. b. — What do you like to do on Mother's Day? — I'd like to make a card for my mom. c. — What do you like to do on Sunday? — I like to fly a kite. d. — What do you like to have for dinner? — Vegetables. They are good for me.